

Massage Collection

JUMEIRAH SIGNATURE COLLECTION
Rooted in science and inspired by therapeutic wisdom, our results driven Jumeirah Signature Massages are specially curated for achieving total mind-body recovery or fostering inner calm.

Muscle Recovery: 60 minutes | Starting from AED 650
90 minutes | Starting from AED 975

Recharge and reclaim your energy. Meticulously crafted for active guests looking to reduce recovery time after intense activity or to soothe an overworked mind and body. Focussed deep muscle manipulations release tightness caused by poor posture or long-haul travel, boosting circulation, detoxifying the muscles offering perfect recovery, restoring energy levels and inner strength.

Inner Calm: 90 minutes | Starting from AED 975
Designed for those seeking inner peace and deep relaxation. Our signature massage based on myofascial release technique, relieves muscle fatigue and musculo-skeletal pain as well as congestion around the spine to induce a deep state of relaxation and optimize mind body balance. Ideal for those who need to reinforce physical resilience and destress to enhance sleep and inner calm.

Bespoke Therapeutic Massage:
60 minutes | Starting from AED 630
90 minutes | Starting from AED 850

Tailored specifically to your concerns and what the body and mind needs at this time

Healing Stone Massage: 90 minutes | Starting from AED 870
Full body massage incorporating heated gemstones allowing the treatment to work at a deeper level. Heated gemstones are carefully placed along the chakras to open up energy pathways whilst soothing the mind, easing muscle tension, and reducing aches and pains

Traditional Thai Massage: 60 minutes | Starting from AED 650
90 minutes | Starting from AED 870

Dynamic massage with acupressure, stretching and pulling to leave you grounded and energized. This is a massage that does not include any oil, and soft Thai pyjamas are worn by the guest.

Reflexology: 60 minutes | Starting from AED 600
This ancient practice, originating from traditional Indian and Chinese cultures, involves the therapeutic technique of reflexology. During a session, a therapist applies thumb and finger pressure to specific reflex points on the feet. This method is designed to stimulate the corresponding organs and areas of the body, promoting optimal function and overall well-being.

Mum to be Massage: 75 minutes | Starting from AED 710
Specifically designed to safely pamper and relax mums-to-be and is suitable after the first trimester of pregnancy. This treatment focuses on comforting the changes in your body during pregnancy, by easing any aches and pains to enhance wellbeing and aid relaxation.

Couple's Collection

Time Together
60 minutes Couples Massage & 30 minutes access to Private Facilities in VIP Suite | 90 minutes | **Starting from AED 1,500**
90 minutes Couples Massage & 30 minutes access to Private Facilities in VIP Suite | 120 minutes | **Starting from AED 1,900**

Side by Side
60 minutes Couples Massage | 60 minutes **Starting from AED 1,200**
90 minutes Couples Massage | 90 minutes **Starting from AED 1,600**

Couples Moroccan Hammam: 60 minutes
Starting from AED 1,500

Couples Saadiyat Signature Hammam & Massage Indulgence : 120 minutes | Starting from AED 2,700

Your Spa Time For Two: 210 minutes
Starting from AED 3,550
30 minutes Spa Suite facilities | full body exfoliation | 60 minutes massage | 60 minutes facial | Beach&Pool Day Pass | Chocolate Ddrawberry's | Sparkling date grapes.

Luxurious Facials

Biologique Recherche
Signature Customized BR Facial:
60 minutes | Starting from AED 640
90 minutes | Starting from AED 950
**individually tailored to address your unique skin concerns. Our skin care experts will select one of the signature Biologique Recherche's facial', best suited for your individual skin requirement.*

111SKIN

The Original Dramatic Healing Facial: 75 minutes
Starting from AED 890
Soothing | Plumping | Hydrating

A soothing and intensive treatment, this reparative facial will enhance the skin's natural ability to repair and re-strengthen itself. Using anti-ageing ingredients, the deeply hydrating facial will calm and repair the complexion while plumping out expression lines

Celestial Black Diamond Non-Surgical Lift Facial: 90 minutes
Starting from AED 1,300
Contouring | Firming | Brightening
The intensive Celestial Black Diamond Facial is most suitable for mature, dry skins with expression lines. Powerful active ingredients work synergistically to alleviate age spots and pigmentation. Dubbed the 'non-surgical facelift', this is the perfect treatment to target signs of ageing on a multi-dimensional level

Hammam Rituals

Traditional Moroccan Hammam by MarocMaroc: 75 minutes
Starting from AED 750
Olive black soap | Steam | Full body exfoliation with both a kessa glove | Rhasoul Body mask | Purifying face mask | Scalp Massage Hair washing ritual | hair mask | Traditional stretching | Body moisturiser application.

Traditional Turkish Hammam: 75 minutes
Starting from AED 750
Steam | Full body exfoliation with both a kessa glove | Foam Bubble Massage | Honey Lavender Mask | Purifying face mask | Scalp massage | Hair washing ritual | hair mask | Cold Rinse | Traditional stretching | Body moisturiser application

Royal Hammam Ritual: 90 minutes | Starting from AED 960
Turkish Hammam & 30 minute Back- Neck and Shoulder Massage

Saadiyat Signature Hammam Ritual: 120 minutes
Starting from AED 1,200
Moroccan Hammam & 60 minutes Customized Massage

Wellness Journeys

The Wedding Journey For Her: 210 minutes
Starting from AED 2,100
Signature Hammam ; 60 minute Bespoke Massage; Customized Facial 90 minutes

Your Spa Time: 120 minutes
Starting from AED 1,290
Choice of any 60 minutes massage and 60 minutes facial

Men's Collection

Gentleman's Facial: 75 minutes | Starting from AED 690

The Wedding Journey For Him: 210 minutes
Starting from AED 2,100
Signature Hammam | 60 minutes Deep Tissue Massage | Anti Aging Facial 90 minutes

A Gentleman's Day: 150 minutes
Starting from AED 1,300
Detox Massage assisting adrenal fatigue | Gentleman' essential hydration facial

Body Collection

Legology Signature Contouring Treatment: 90 minutes
Starting from AED 900
Unravel the science behind great legs with Legology's cellulite treatment. This treatment focuses on deep draining to the glutes and buttocks, hips and waistlines, moving congestion away from the cells and relieving heaviness.

Enhancement Collection

Foot Massage: 30 minutes | Starting from AED 320
Head and Scalp Massage: 30 minutes | Starting from AED 320
Back, Neck and Shoulder Massage: 30 minutes
Starting from AED 320
Body Scrub: 30 minutes | Starting from AED 350
Express Facial: 30 minutes | Starting from AED 350
Face Gym - Facial Massage: 30 minutes | Starting from AED 320
SPA Facilities Access Day Pass : Full Day | Starting from AED 350

SPA

JUMEIRAH SAADIYAT ISLAND

Blissful. Wholesome. Wellness

Blissfulness - a state of absolute perfection and alignment. This engulfing emotion, whilst elusive, is at the heart of the spa's mantra and is embedded in its wholesome rituals. Every aspect of your wellbeing is alluded to with treatments that ensure your mind, body and inner-self are harmonized. Our ensemble of experiences feature the most effective organic rituals in combination with result driven, high-tech protocols to transport you to a serene state of spa

SPA

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