



# BALLOONS

AT THE PALACE

## SUHOUR MENU

## COLD MEZZEH

**Hummus** (DF, SE, GF, VG)

Chickpea Purée, Tahini Sauce, Lemon

**Moutabel** (SE, GF, V)

Grilled Eggplant, Tahini Sauce, Labneh, Pomegranate

**Labneh with Mint** (GF, V)

Strained Yoghurt, Chiffonade Mint, Olive Oil

**Shanklish** (GF, V)

Crumbled Cheese, Onions, Tomatoes, Parsley, Olive Oil

**Fattoush** (LS, V)

Cucumbers, Tomatoes, Herbs, Crispy Arabic Bread,  
Pomegranate Dressing

**Tabbouleh** (DF, V)

Finely Chopped Parsley, Mint, Tomatoes, Onions,  
Bourghul, Olive Oil, Lemon Juice

## HOT MEZZEH

**Moajanat Moshakala** (LS, E, N)

Cheese Rakakat, Meat Sambousek, Spinach Fatayer,  
Fried Kibbeh

**Batata Harrah** (DF, GF, VG)

Fried Potatoes, Garlic, Coriander,  
Lemon, Chili Flakes

**Mixed Manakish** (SE, V)

Za'atar, Olive Oil, Sesame Seeds, Mixed Akawi,  
Kashkaval Cheese

(GF) Gluten Free (LF) Lactose Free (E) Contains Egg (N) Contains Nuts (SE) Contains Sesame  
(SF) Contains Shellfish (F) Contains Fish (S) Contains Soy (R) Raw Food/Crude (V) Vegetarian  
(VG) Vegan (LS) Locally Sourced

Please inform us of any allergies or dietary requirements before ordering, we would be happy to assist  
you in choosing suitable foods or prepare a dish that meets your specific requirements.

## MAINS

### Mixed Grill

Lamb Chop, Kofta Kebab, Shish Taouk

### Fish Sayede (N, SF)

Seabass, Lemon, Olive Oil, Sayadiyi Rice

### Grilled Vegetables (LF, VG)

Zucchini, Eggplant, Asparagus, Tomato, Harra Sauce

## DESSERTS

### Umm Ali (E, N, V)

Puff Pastry, Nuts, Cream, Milk, Raisins, Rosewater

### Ashta Bil Asal (N, V)

Fresh Cream, Honey, Pistachio

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# JUMEIRAH

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[@balloonsatthepalace](https://www.instagram.com/balloonsatthepalace)