

An aerial photograph of the Jumeirah Gulf of Bahrain resort at sunset. The sky is a mix of soft pinks, oranges, and blues. In the foreground, there's a large, modern resort building with a curved, white facade and a dark roof. To the right, a large, rectangular swimming pool is illuminated with blue lights. In the background, a sandy beach is visible with several lounge chairs and umbrellas. The sea is calm, and a small, landscaped island with palm trees is visible in the distance.

From Moments To Memories

ACTIVITY PROGRAMMING BROCHURE

JUMEIRAH
GULF OF BAHRAIN





A Personal Welcome

*Welcome to Jumeirah Gulf of Bahrain,
a haven shaped by sea, sky, and the generosity
of Arabian spirit.*

Here in Zallaq, the days unfold with a gentle rhythm. Morning light shimmers upon the Gulf, afternoons drift into stillness, and evenings arrive with a golden hush that softens every horizon.

This is a sanctuary where moments linger, and time itself seems content to rest beside you. Inspired by Bahrain's heritage as a land of pearls and craftsmanship, every experience reflects the warmth of its people and the artistry of the resort.

Whether you seek renewal by the water's edge or shared joy around the table, each encounter bears the quiet touch of sincerity. It is my pleasure to welcome you to this retreat of calm and connection.

Warm regards,
Thibault de Vries
General Manager

A woman with dark hair, wearing a white long-sleeved dress and a flowing purple shawl, stands in a modern architectural space. She is looking off to the side. The space features large white columns and a light-colored tiled floor. The lighting is warm and directional, creating long shadows. The text 'Arrival & Welcome' is overlaid in the center.

Arrival & Welcome

Step into a world where every journey is thoughtfully curated to linger in memory. From the moment you arrive, embrace the calm of the West Coast, where pristine shores, meandering waterways and the gentle rhythm of the Gulf create a sanctuary of serenity. Whether gliding on a tranquil Abra tour or simply taking in the beauty of the horizon, each experience and interaction is meticulously designed to become part of an elevated and unforgettable stay.



The Journey Begins

Arrive in quiet comfort as our chauffeur-driven car glides along the coast. With every turn, the island reveals itself, its light shifting softly with the rhythm of the ocean. Within moments, the sound of the sea greets you like an old friend, and the resort rises ahead—serene, graceful, timeless.



The First Welcome

A gentle fragrance of rose water fills the air as you arrive. The taste of Bahraini dates with Arabian coffee marks the beginning of your stay - a sincere welcome, a timeless gesture, and a feeling unmistakably Jumeirah.



Majlis Moments

Experiences at the resort leave a lasting impression long after they unfold. Thoughtfully curated offerings spark curiosity, nurture meaningful connections and invite you to savour each moment. Every encounter is crafted to delight, reveal wonder, and transform your stay into a journey that stays with you.

Twilight by the Shore

As dusk descends, the sky glows in shades of amber and rose. Guests gather by the terrace where a bonfire burns softly against the horizon. Its reflection shimmers upon the water, echoing the fires once lit by Bedouin travellers and pearl divers returning home. The air grows still, touched by warmth and wonder, a moment that asks for nothing but quiet presence.



The Fire Lighting Ritual

Each evening, as twilight settles over the Gulf, a gentle glow illuminates the resort's entrance. The flames rise before the sculpted fire monument, their light reflected across the marble and still water beyond.

This quiet ritual marks the beginning of the night at Jumeirah Gulf of Bahrain. The three flames burn in harmony – a reflection of our spirit, the warmth of Arabian hospitality, and the joy that connects every encounter.

Abra Canal Journey

When stepping aboard the resort's abra, a gentle journey begins. Palms sway, laughter mingles with the rhythm of the water, and the sun traces golden patterns across the canal. As you glide past gardens and courtyards, enjoy light bites and cool refreshments prepared by our chefs. Moments unfold softly, unhurried and radiant in a simple reminder that togetherness is what makes time linger a while longer.

LOCATION:	Abra Canal
DURATION:	30 minutes
TIME:	Daily, 10:00 to 18:00
RATE:	BHD 15 for two

Stargazing on the Private Island

As the night deepens, the private island awakens in silence. Lanterns glow upon the sand, and the sea murmurs in steady rhythm. Above, the sky glows with endless light, constellations tracing stories across the dark. Gather in stillness and lift your gaze to the stars and savour the fleeting moment where it all feels eternal.

LOCATION:	Private Island
DURATION:	60 minutes
TIME:	Every Friday





A close-up photograph of a chef's hands in a grey uniform, garnishing a dish in a copper bowl. The chef is using a red-handled spoon to place a small green garnish into the bowl. The background is dark and out of focus.

Culinary Experiences

Every creation becomes an opportunity to savour and remember. Under the guidance of expert chefs and bartenders, elevate your culinary and mixology skills. Master refined techniques that inspire creativity, delight the senses, and transform every dish and cocktail into an unforgettable work of art.

Bread of the Levant

Within the fragrant warmth of Zahrat Al Fayrouz, our chef reveals the ancient art of Middle Eastern bread making. As the dough yields beneath your palms, the scent of thyme drifts through the air, and stories are shared as the oven glows. Each loaf carries the spirit of home and the grace of tradition.

LOCATION: Zahrat Al Fayrouz
TIME: Sunday & Monday, 18:00 to 00:00
Wednesday & Thursday, 15:00 to 00:00
Friday & Saturday, 12:30 to 00:00



Dinner by the Gulf

As night settles over the water, the terrace of Due Mari comes alive with the murmur of the sea. Italian flavours meet the sea-scented air of Bahrain. The moment feels timeless, as though the evening was written solely for you.

LOCATION: Due Mari
TIME: Sunday to Saturday, 18:00 to 00:00

For reservations or to view the full schedule of daily activities, please use our e-Butler service.



The J Brunch

Every Friday, the resort comes together in celebration. Laughter mingles with music, the scent of grilled seafood rises from open kitchens, and the sea glimmers just beyond the palm-lined terrace. More than a meal, it is a weekly ritual of joy and connection.

LOCATION:

TIME:

STARTING FROM:

Obab Al Bahar

Friday, 13:00 to 17:00

BHD 30

For reservations or to view the full schedule of daily activities, please use our e-Butler service.

Wellness & Fitness

At Talise, every moment is designed to be treasured.

Each encounter invites you to reconnect, restore balance, and embrace a profound sense of calm.

Merging ancient wisdom with modern therapies, our bespoke treatments awaken the senses, elevate performance, and deepen self-awareness, leaving you renewed, empowered, and carrying the essence of an unforgettable journey long after your stay.

Scan below to find out more:



The Hammam Ritual

Within the soft mist of the Hammam, warmth surrounds you like a gentle embrace. Water glides over marble, carrying away the weight of the day. Skilled hands guide each movement with calm precision as steam unfurls, and time begins to blur. In this hushed sanctuary, renewal feels like an effortless return to stillness, to purity, and to oneself.

LOCATION:	Talise
DURATION:	60 minutes
TIME:	Daily, 10:00 to 20:00
RATE:	BHD 70



The Ground Ritual for Two

A moment shared in quiet harmony. The scent of grounding botanicals fills the air, and every touch brings ease and connection. Designed for two, this ritual restores balance and presence, allowing body and mind to unwind together. As it concludes, calm remains – a gentle sense of peace, side by side.

LOCATION:	Talise
DURATION:	90 minutes
TIME:	Daily, 10:00 to 20:00
RATE:	BHD 150 per couple

A man and a young girl are playing on a giant outdoor chessboard. The girl, with dark hair in a ponytail, is standing on a white chess piece. The man, with a beard and smiling, is crouching next to a black chess piece. They are surrounded by lush green foliage and palm trees. The chessboard is made of large black and white tiles, and the pieces are oversized and white or black.

Family & Kids' Adventures

Adventures unfold at every turn in the Little Voyagers programme, creating cherished moments that young guests will carry with them long after the day ends. Imaginative workshops and vibrant outdoor explorations spark curiosity, nurture creativity, and celebrate the joy of playful discovery, ensuring each experience becomes a treasured memory.

The Little Explorers' Club

A world of imagination awaits the resort's youngest guests. Within shaded gardens and bright play spaces, stories come to life through craft, laughter, and discovery. Each day brings a new adventure, guided by care and creativity.

LOCATION: Kids Club



Indoor Cinema

A world of wonder flickers to life as the lights dim and the first scene begins. Inside our private cinema, families gather to share stories on the silver screen, laughter echoing softly through the rows of seats. From beloved classics to adventures anew, each film invites togetherness and delight. Outside, the world pauses; within, it glows with joy and colour.

LOCATION: CINEMA
DURATION: 60 minutes
TIME: Daily, 15:00 to 17:00

The Abra Treasure Hunt

Board the traditional abra and drift across the lagoon in search of hidden clues. Young explorers follow the trail, uncovering treasures and tales of pearl divers who once sailed these waters.

LOCATION: Kids Club
DURATION: 45 minutes
TIME: Friday, 15:00



Junior Chef Sessions

In the heart of the kitchen, children don aprons and create confections with our pastry team. Each sweet creation becomes a moment of pride, each smile a cherished memory.

LOCATION:

DURATION:

TIME:

RATE:

Obab Albahar

45 minutes

Sunday and Tuesday,
13:00 to 15:00

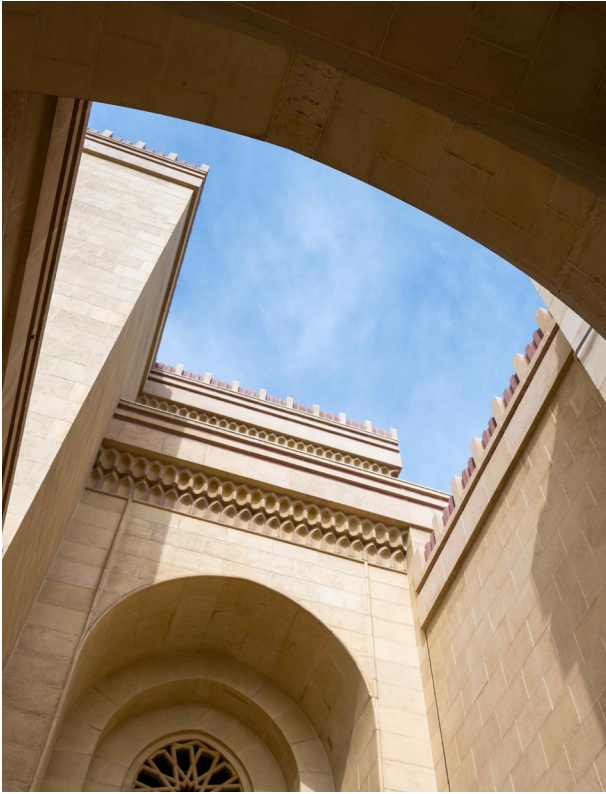
BHD 10

For reservations or to view the full schedule of daily activities, please use our e-Butler service.

Destination & Inspired Escapes

Experience Bahrain through moments that linger on after they passed. Explore contemporary art, wander bustling souks, visit ancient forts, or sail on a bespoke yacht along the Arabian Gulf. Celebrate the island's rich pearling heritage, its vibrant culture, and warm Arabian hospitality. Each experience is curated with sophistication, excitement and personalized service, creating memories that endure far beyond your visit.





Manama Souk Discovery

Step into the winding alleys of Manama's old souk, where saffron and oud fill the air and brass glimmers beneath soft lamplight. Traders greet you with stories as timeless as the stones beneath your feet, and each turn reveals another secret of the island's living heritage.

Souq Al Baraha

A modern echo of Bahrain's trading past, Souq Al Baraha invites you to wander through shaded courtyards lined with perfume, pearls, and sweet dates. Here, craftsmanship breathes anew, and the pace of life slows, giving way to conversation and curiosity.





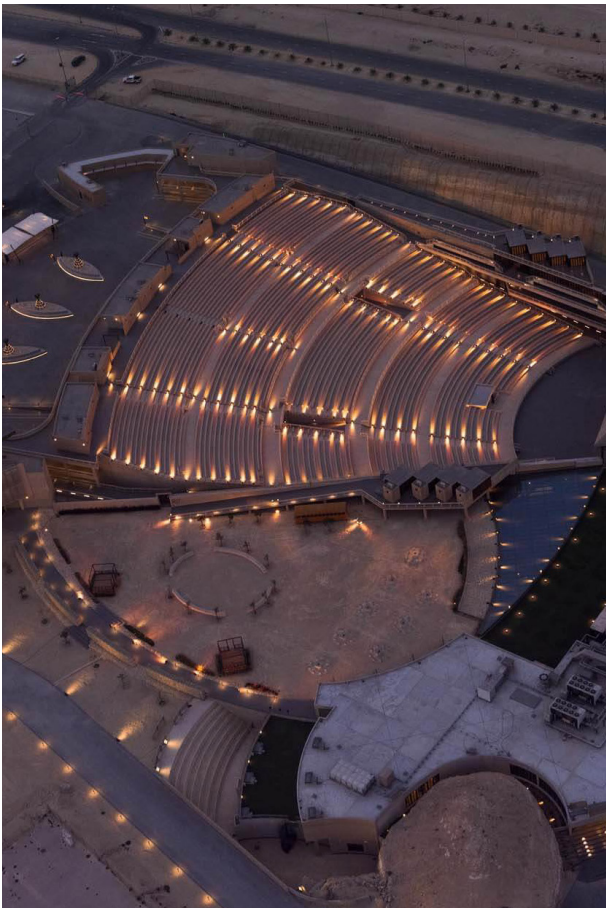
Bahrain International Circuit

For those captivated by speed and precision, Bahrain International Circuit beckons with the promise of motion refined to art. Take the wheel during a private test session and feel the power build as you navigate the same legendary curves that challenge the world's greatest drivers. Each turn reveals a new rush of control and release, where focus becomes freedom and motion itself becomes pure expression.

For reservations or to view the full schedule of daily activities, please use our e-Butler service.

Pearl Shucking & Harvesting

Bahrain's story begins beneath the waves. Join our partners on a pearl harvesting voyage and witness the moment when the oyster reveals its treasure. Learn the delicate art of shucking and hear tales of divers who once braved the Gulf's depths in search of its luminous heart. Each pearl you hold carries the memory of the sea and a whisper of the island's ancient craft.



Al Dana Amphitheatre

When night falls, music fills the desert air. Nestled between limestone cliffs, Al Dana Amphitheatre welcomes world-renowned artists beneath the open sky. From symphonies to contemporary concerts, each performance becomes a celebration of culture, sound, and belonging shared under the Bahraini stars.

Gravity Indoor Skydiving

Close to the Bahrain International Circuit, flight takes on another form. Inside a soaring glass tunnel, the wind lifts you into motion, rendering you free and weightless. The moment is brief yet unforgettable, a glimpse of freedom being suspended in the air.



Qal'at al-Bahrain

Rising quietly above the shore, the ancient Bahrain Fort holds the weight of millennia within its walls. Layers of civilisation, Dilmun, Greek, Portuguese, rest beneath the sand, each leaving its mark upon this 12-metre mound of time. At dusk, as the light turns to amber, the fortress stands as both ruin and revelation, watching over an island that has never ceased to evolve.

Jarada Island

Far from the shore, where sea and sky seem to merge, lies Jarada, an island that appears and disappears with the tide. Reached only by boat, it rests upon clear waters and pale sands untouched by time. For a few quiet hours, guests may swim, share a picnic, or simply watch the world slow to stillness, a fleeting paradise that reminds us that beauty often lives in moments rather than permanence.

Bahrain National Museum

Where land meets the sea, the Bahrain National Museum holds the stories of a nation. Within its luminous halls, fragments of pottery, pearls, and manuscripts speak of kingdoms long vanished and traditions that endure.

Outside, the water laps against the edge of the promenade, reflecting a building that feels less like a museum and more like a moment of quiet reflection.



The Tree of Life

In the heart of the desert stands a solitary tree, green against the endless gold of sand. Known as the Tree of Life, it has flourished for centuries without a known source of water, a quiet miracle rooted in resilience. Beneath its branches, time feels ancient yet alive, as though the land itself breathes through this single living form.

Lost Paradise of Dilmun Water

Inspired by the ancient civilisation of Dilmun, Bahrain's largest waterpark is a vast desert oasis inviting families to play, slide, and float through sunlit waters. Arches and carvings recall the island's mythic past, blending heritage with joy. For a day, history becomes movement, and laughter echoes through the ruins of a paradise reborn.



Al Areen Wildlife Park

A sanctuary where stillness meets life. Within its gates, oryx and gazelles move gracefully beneath the sun, and birds trace delicate patterns across the air. It is a place that speaks softly of nature's balance and Bahrain's care for its living heritage.



Golf at The Royal Golf Club

The greens stretch wide beneath the Bahraini sun, framed by the desert's calm horizon. Each swing is deliberate; each pause is filled with stillness. The game becomes a meditation in motion, a balance of grace and precision.

Horse Riding by the Shore

The tide draws near as riders move along the beach, their silhouettes framed by morning light. The rhythm of hooves joins the hush of waves, and each step feels like a dialogue between sea and sky. It is a moment of quiet freedom, both fleeting and eternal.



The Pearling Path, Muharraq

In the old heart of Muharraq, a trail of white stone and memory traces Bahrain's enduring bond with the sea. The Pearling Path, a UNESCO World Heritage Site, winds through restored merchant houses and narrow lanes once filled with the shimmer of trade and the scent of salt air. Beneath pearl-shaped lamps, the island's history unfolds in whispers of courage, craft, and longing in a living reminder of the treasures once gathered from the deep.



Create your memorable moments:

