

T A L I S E
F I T N E S S

MEMBERSHIP PACKAGES

Your Journey Starts Here

12-month Elite Membership

| | |
|-----------------------|---------------|
| Registration fees | KWD 100 |
| Single | KWD 1,350 |
| Couple | KWD 1,700 |
| *Family | KWD 2,200 |
| Child 0-4 years old | Complimentary |
| Child 4-6 years old | KWD 150 |
| Child 7-12 years old | KWD 250 |
| Child 13-18 years old | KWD 350 |
| Assistants/Nannies | KWD 150 |

*Family membership includes two children under 18 years of age.

EXCLUSIVE ACCESS

- ◆ Unlimited access to Talise Fitness, including pool and beach areas.
- ◆ Complimentary access to fitness classes.
- ◆ Complimentary tennis court access (24-hour prior booking required).
- ◆ Junior Membership includes Sinbad's Kids Club access for children aged 5-13 years during opening hours; children under 5 must be accompanied by an adult.
- ◆ Membership freeze available for up to 2 months per year (minimum 1 month).
- ◆ Complimentary Premium Wi-Fi.

DISCOUNT PRIVILEGES

- ◆ *25% discount on laundry services.
- ◆ *20% discount on dining in all restaurants, cafes, and lounges.
- ◆ *20% discount on personal training packages.
- ◆ *20% discount in the male salon.
- ◆ *15% discount on spa treatments
- ◆ *10% discount on room reservation published rates (excluding promotions) and upgrade to the next room type, subject to availability.

GIFT BUNDLE

- ◆ Six fitness, beach, and swimming pool access invitations accompanied by the member. (not valid during weekends & public holidays.)
- ◆ Four invitations for fitness classes accompanied by the member.
- ◆ Two complimentary fitness consultation sessions.
- ◆ Two complimentary body composition analyses.
- ◆ Two complimentary personal training sessions.
- ◆ One complimentary tennis class.
- ◆ Two complimentary spa facilities day passes.
- ◆ Two x 50% discount vouchers on 60-minute spa massages.
- ◆ One complimentary voucher for 2 hot drinks at the Lobby Lounge.
- ◆ One complimentary voucher for 2 hot drinks at Mint Café.
- ◆ One complimentary breakfast buffet voucher for 2 people at Garden Café restaurant.
- ◆ One room night for 2 in a deluxe grand room with breakfast.

*Please note that discounts do not apply to products, offers, special events, and theme nights already discounted. Discount privileges may vary during the year; however, they will be communicated in advance. This offer is valid until 31 December 2026. Terms and conditions apply.

6-month

Premier Membership

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|-----------------------|---------------|
| Registration fees | KWD 50 |
| Single | KWD 1,090 |
| Couple | KWD 1,210 |
| *Family | KWD 1,510 |
| Child 0-4 years old | Complimentary |
| Child 4-6 years old | KWD 100 |
| Child 7-12 years old | KWD 150 |
| Child 13-18 years old | KWD 250 |
| Assistants/Nannies | KWD 150 |

*Family membership includes two children under 18 years of age.

EXCLUSIVE ACCESS

- ◆ Unlimited access to the Talise Fitness facilities, including pool and beach areas.
- ◆ Complimentary access to the fitness classes.
- ◆ Complimentary access to the Tennis Court (booking required 24 hours prior).
- ◆ Junior Membership includes Sinbad's Kids Club access for children aged 5-13 years during opening hours; children under 5 must be accompanied by an adult.
- ◆ Freeze of membership for 1 month.
- ◆ Complimentary premium WiFi.

DISCOUNT PRIVILEGES

- ◆ *20% discount on dining in all restaurants, cafes, and lounges.
- ◆ *20% discount on personal training packages.
- ◆ *10% discount on room reservation published rates (excluding promotions) and upgrade to the next room type, subject to availability.

GIFT BUNDLE

- ◆ Two fitness, beach, and swimming pool access invitations accompanied by the member (not valid during weekends & public holidays).
- ◆ Two complimentary fitness consultation sessions.
- ◆ Two complimentary body composition analyses.
- ◆ One complimentary personal training session.
- ◆ One complimentary tennis class.

*Please note that discounts do not apply to products, offers, special events, and theme nights already discounted. Discount privileges may vary during the year; however, they will be communicated in advance. This offer is valid until 31 December 2026. Terms and conditions apply.

TALISE
FITNESS

For more information, please call +965 9696 0291