### TALISE

FAMILY SPA MENU



# Talise Spa & Wellbeing

#### Family Spa at Talise Jumeirah Bali

Welcoming little ones aged 4 to 12, our gentle and joyful experiences are thoughtfully crafted to nurture both body and mind. Each treatment introduces children to the art of self-care in a fun and caring way, inspiring balance and well-being from an early age. To complete the experience, every session is accompanied by a refreshing smoothie.

#### Children Massage

60 minutes | IDR 1,000,000++

A tender and soothing journey created especially for young guests. Beginning with a playful bubble foot bath, the treatment continues with long, calming strokes using nourishing virgin coconut oil. Designed to ease restlessness, encourage relaxation, and support healthy sleep, this gentle massage also brings a sense of joy and comfort.

#### Hands and Feet

60 minutes | IDR 800,000++

A focused treatment that pampers little hands and feet with soft, caring strokes to refresh and restore lightness.

#### Spa Experience

It is never too early to discovery the joy of self-care. Suitable for children from six years old, this gentle introduction blends the natural benefits of Bali's native botanicals with simple skincare rituals. Young guests will enjoy a playful yet calming experience while learning mindful habits to care for their skin and well-being.

#### Scrub and Massage

90 minutes | IDR 1,200,000++

A joyful experience that begins with creating a natural body scrub from Balinese coconut, cocoa, and brown sugar. This wholesome blend gently cleanses and nourishes the skin. The journey continues with a calming 60-minute children's massage, before applying the freshly made scrub to leave the skin soft, refreshed, and glowing.

#### Masque and Massage

the most natural way.

90 minutes | IDR 1,200,000++

This calming ritual begins with preparing a fresh body masque of aloe vera, cucumber, tuberose, and chamomile-infused water.

The experience continues with a gentle 60-minute children's massage, before applying the masque to cool, hydrate, and comfort the skin in

Price subject to 26.5% government tax and service charge

#### Happy Hair

60 minutes | IDR 800,000++

A soothing hair and scalp treatment designed after days of sunshine and play by the pool. Using a sulphate-free coconut oil shampoo, it gently cleanses, nourishes, and refreshes while offering a calming touch for both scalp and spirit.

#### Fun Facial

60 minutes | IDR 1,000,000++

A playful introduction to skincare using the Moringa Collection, inspired by the nourishing powers of the "Miracle Tree." Cherished for centuries, moringa is rich in vitamins and antioxidants that help hydrate, protect, and bring a natural glow to young skin.

#### Nail Care

60 minutes | IDR 800,000++

A spa-inspired manicure and pedicure created especially for little hands and feet. The experience begins with a bubbly soak, followed by gentle trimming and shaping of the nails. Chamomile and sandalwood moisturiser is then massaged in for soft, nourished skin. To finish, children may choose a splash of nail polish or a delicate nail art design.

#### Family Spa Experience

A gentle ritual created for parent and child to share moments of calm together. This experience blends relaxation with connection, allowing both to find harmony side by side. Each session is complemented with a terracotta bracelet; a keepsake of time well spent in togetherness.

#### Gentle Bond

60 minutes | IDR 2,500,000++

Celebrate togetherness with a serene journey that restores balance and ease. Soft, flowing touch therapies release tension while deepening the bond between parent and child. The experience combines a traditional Balinese massage for the parent with a gentle massage for the little one, complemented by calming aromatic oils to soothe the sense and nurture connection.

#### Harmony Duo

60 minutes | IDR 1,800,000++

Discover the joy of shared stillness in a soothing ritual designed for both parent and child. The experience begins with a cleansing foot wash and gentle scrub, followed by a calming foot massage that restores lightness, balance, and connection.

# Talise Spa Etiquette

#### Arrival

To ensure a serene start to your spa experience, we recommend arriving at least 30 minutes before your scheduled appointment. Please note that treatments will start and end on time to ensure the best experience for all guests. Late arrivals may result in a shortened session.

#### Consultation

Each guest is invited to begin with a personalised consultation, allowing our therapists to tailor the treatment to your individual needs and ensure a thoughtfully curated experience.

#### Cancellation

As a courtesy to other guests and our therapists, we ask that any changes or cancellations be made at least 4 hours in advance. Cancellations within 4 hours or missed appointments may incur the full treatment charge. Please note that late arrivals may affect the duration of your treatment or require rescheduling.

#### Spa Attire

For your comfort, a robe and slippers will be provided upon arrival, and a secure changing area is available for your personal belongings. We kindly recommend leaving valuables such as jewellery, electronic devices, and personal accessories at home, as Talise and Jumeirah Group cannot be held responsible for any lost or misplaced items.

# Talise Spa Etiquette

#### Spa Environment

At Talise, we strive to create a serene and restorative environment for all guests. As a non-smoking facility, we kindly ask that mobile phones be silenced and noise kept to a minimum. Your support in maintaining this peaceful atmosphere is sincerely appreciated.

#### **Cultural Awareness**

In respect for local values, we kindly ask all guests to observe modesty while using lockers and changing areas. To protect the privacy of others, photography, video recording, and social media content creation are not permitted within the spa.

#### **Health Considerations**

For your comfort and well-being, we kindly ask that you inform us at the time of booking of any allergies, medical conditions, or areas of concern. If you are expecting, please let us know in advance, as some treatments may need to be tailored or avoided.

#### **Pregnancy or Other Health Conditions**

We are pleased to offer personalised treatments for expectant mothers and guests with specific health considerations, including those undergoing medical treatments or experiencing menopause. Kindly inform us at the time of reservation so we may assist you in selecting the most suitable treatment for your comfort and well-being.

### Talise Spa

#### **Opening Hours**

Talise Spa is open daily from 09.00 to 21.00. The final appointment may be booked at 19.30, allowing time for a 90-minute treatment.

#### Spa Reservations

To make a reservation at Talise Spa:

- Press '0' on your villa phone
- Call +62 811-3820-1903
- Book online at www.jumeirahbali.com
- Email jbaspareception@jumeirah.com

#### Location

Talise Spa is nestled beneath the lobby, within the serene Trowulan area of Jumeirah Bali.