



The Art of Mindful Midday Dining

Nagomi Lunch is a thoughtfully curated six-dish Nikkei dining experience inspired by the world's renowned **Blue Zones**—regions celebrated for their thriving communities of centenarians and their balanced, mindful approach to nourishment and living.

Drawing from longevity hotspots such as Okinawa in Japan, Sardinia, and the Peruvian coastline, the menu reflects RAYTO's Nikkei identity, seamlessly blending Japanese precision with Peruvian vibrancy.

Crafted around Blue Zone dietary principles, the Nagomi Lunch spotlights **nutrient-dense vegetables, whole grains, legumes, and sustainably sourced seafood**, while avoiding processed sugars and unhealthy fats.

Crafted by **Chef Cláudio Cardoso**, this menu is inspired by his global culinary journey spanning over twenty-five years. Each dish reflects his fearless approach to flavour and technique, driven by storytelling, sustainability, and meaningful cuisine.

The experience unfolds through a carefully choreographed progression of flavours and textures, designed to nourish the body, restore balance, and elevate the midday dining ritual.



NAGOMI LUNCH

Monday to Friday, 12:30 to 15:30 | AED 150 per person

Smoked Yuko

[VG, GF, SE, LS, LF]

Active carbon, roasted sweet potato, quinoa,
tofu emulsion, sesame powder
Cleansing | Plant-powered | Restorative

Umami Dashi

[VG, GF, SE, LS]

Charcoal eggplant broth, white miso, oji limo, kale, yuzu, olive oil
Purifying | Antioxidant-rich | Replenishing

Seabream Ceviche

[R, D, S, N, LS]

Avocado, rocoto, macadamia, maze morado, lime, lemon, mandarin
Vibrant | Refreshing | Invigorating

Lobster Chirashi

[D, SF, LS]

Pearl barley, honey, fresh seaweed, amaranth, nori, yuzu ponzu
Satiating | Amino-balanced | Harmonizing

Roasted Local Pumpkin

[V, D, N, LS]

Crispy chili garlic, macadamia, spinach
Rooted | Immune-supportive | Local

Physalis Kakigori

[V, D]

Beurre noisette ice cream
Harmonizing | Glow-enhancing | Balancing

[GF] Gluten Free [LF] Lactose Free [E] Contains Egg [N] Contains Nuts [SE] Contains Sesame
[SF] Contains Shellfish [F] Contains Fish [S] Contains Soy [R] Raw Food/Crude
[V] Vegetarian [VG] Vegan [LS] Locally Sourced