



From Moments  
to Memories

ACTIVITY PROGRAMMING BROCHURE

JUMEIRAH  
BEACH HOTEL  
DUBAI





## *A Personal Welcome*

*Welcome to Jumeirah Beach Hotel,  
the ultimate family resort and the perfect  
destination to enjoy unforgettable moments.*

Our team has meticulously designed a collection of experiences to inspire, entertain, and delight guests of all ages. From bespoke culinary journeys and rejuvenating wellness programmes to engaging kids' activities and thoughtfully curated family adventures, every detail of your stay has been tailored to create joy and lasting memories.

We are thrilled to have you with us and look forward to ensuring your time here is nothing short of exceptional.

Warmest regards,  
**Kirti Anchan**  
*General Manager*

A woman in a white, textured dress is walking through a modern, warmly lit interior space. She is carrying a silver tray with a pitcher and glasses. The room features a large, arched doorway with a decorative pattern, a wooden chair with a woven seat, and a patterned rug. The lighting is soft and golden, creating a welcoming atmosphere.

# Arrival & Welcome

Your journey begins the moment you arrive. From a warm greeting to seamless check-in, every detail is designed to ensure comfort, and a sense of belonging as your stay unfolds.



## *Transportation Services*

Experience the city in refined comfort and style with our exclusive fleet of Bentleys and Mercedes. Each journey is guided by a dedicated chauffeur, ensuring a seamless, stress-free experience thoughtfully tailored to your preferences. Relax and enjoy sophisticated travel where every detail is designed for ease, elegance, and distinction.



## *Yacht Arrivals*

Experience a seamless arrival with luggage sent ahead and personalised transfers. Board a private yacht through Dubai Creek Harbour, cruise past iconic waterways, and reach our exclusive marina at Jumeirah Marsa Al Arab, where a buggy will deliver you to your room. Arriving by yacht offers a distinctive, elegant, and unforgettable introduction to your stay.

## *On Board Amenities*

Enhance your journey with thoughtfully curated amenities, including complimentary Wi-Fi, iPad entertainment, and digital press access. Refresh with beverages, oshibori towels, mints, face mist, and hand cream. Child and infant car seats are available on request, ensuring every guest enjoys a luxurious, comfortable, and personalised travel experience.

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*For reservations or for more information please use our e-Butler service. Activities are subject to change without prior notice.*



## *Jumeirah Airport Lounge*

Warm Arabian hospitality awaits you at the welcome lounge. Savour freshly brewed coffee and tea, pressed juices, and delicate bites, thoughtfully arranged to ease you gently into your stay. While you relax, our team quietly attends to every detail of your onward transfer.

## *Helicopter Transfer*

Arrive in unmatched style with a helicopter transfer from select locations, touching down at Jumeirah Burj Al Arab. Our team will greet you upon landing and escort you to your buggy, ensuring a seamless, elegant, and unforgettable journey across the resort to begin your stay with distinction.



# Family & Kids' Adventures

Curiosity, creativity, and fun come alive for our younger guests and families alike. Interactive workshops, arts, crafts, storytelling, and playful learning experiences invite children and parents to explore, imagine, and share joyful moments together.



## *Family Falcon Experience*

An interactive session where families meet a falcon up close and learn about its importance in Emirati culture, history, and desert traditions. Trainers explain the care, training, and role of falcons, with opportunities for children to ask questions and observe.

LOCATION: Nuska Garden  
DURATION: 30 minutes  
AGE POLICY: Families



## *Henna Art*

A traditional practice where participants experience the application of natural henna designs on the skin. Artists create patterns that reflect Emirati and regional styles, while explaining the cultural role of henna in celebrations and daily life.

LOCATION: Sunset Garden  
DURATION: 60 minutes  
AGE POLICY: Families



## *Turtle Feeding*

Join our marine team to learn about sea turtle conservation and assist in feeding these gentle creatures. A hands-on experience fostering awareness, empathy and a lasting bond with marine life.

LOCATION:	Al Naseem Turtle Lagoon
DURATION:	60 minutes
TIME:	Monday to Friday 11:00 Saturday to Sunday 11:00 & 15:00
AGE POLICY:	Families

## *Little Bartenders*

Young guests step behind the bar to create fun, colourful mocktails using fresh juices and garnishes. A playful, confidence-building workshop where children learn simple techniques and express their creativity in a safe, supervised environment.

LOCATION:	Kitchen Connection
DURATION:	60 minutes
AGE POLICY:	Kids



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# Wellness & Fitness

Rejuvenate body and mind with thoughtfully designed programmes that energise, strengthen, and restore. From dynamic fitness sessions to calming yoga and mindful wellness practices, every class is crafted to enhance wellbeing and inspire a balanced, vibrant lifestyle.

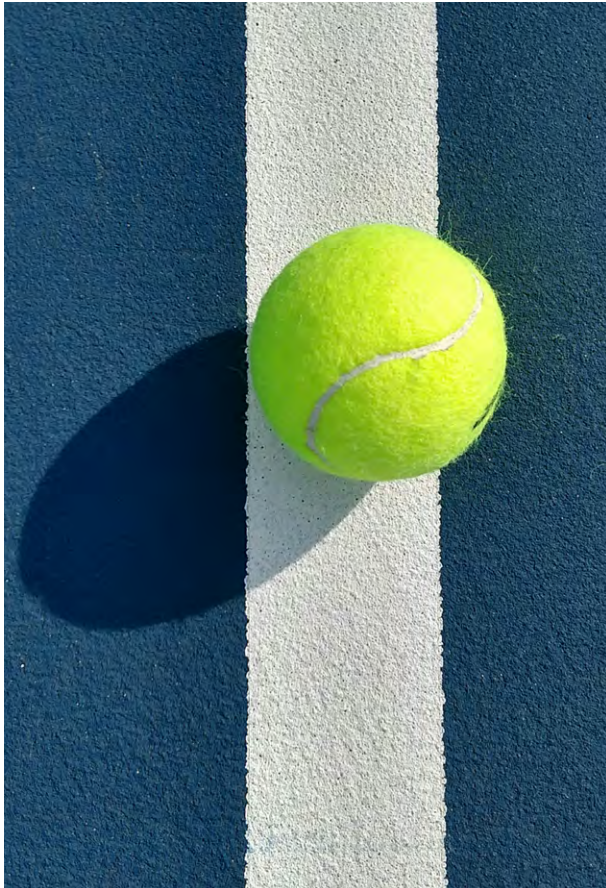


## *High-Energy Classes Fitness Classes*

A curated programme of high-energy classes designed to strengthen, sculpt and energise. Led by our expert trainers, each class blends precision and power, enhancing endurance, agility and overall fitness in an inspiring environment.

- Condition
- J Pump
- Burn
- BoxFit
- Gear Cycling
- Zumba
- Stick Mobility
- Glutes & Abs / Core

LOCATION: J Club  
DURATION: 45 minutes  
TIME: Scheduled  
AGE POLICY: Adults



## *Squash & Tennis Clinics*

From beginner tennis to advanced squash clinics, improve your skills with personalised coaching in a supportive, energising setting. Perfect for individuals or families seeking active fun and technique refinement.

LOCATION: J Club  
DURATION: 60 minutes  
TIME: Scheduled  
AGE POLICY: Families



## *Reformer Pilates*

Strengthen your core, increase flexibility and refine your posture in a mindful movement practice guided by our expert instructors. Each session enhances stability and fluidity, empowering you to move with renewed poise and confidence.

LOCATION:

DURATION:

TIME:

AGE POLICY:

J Club

30 minutes

All week excluding Sunday

08:00, 09:00, 10:00, 11:00 & 12:00

Adults

A man and a woman are standing in the shallow surf at sunset. The man, shirtless and wearing dark shorts, is holding a long, white surfboard. The woman, wearing a blue one-piece swimsuit, is holding a paddle. In the background, there are palm trees and a building with a sign that says "ESTABLISHED". The sky is a warm orange color, and the water is calm with small waves.

# Water & Outdoor Experiences

Embrace the thrill and serenity of the outdoors. From paddleboarding along pristine beaches to engaging aquatic adventures and encounters with marine life, every experience connects you to nature, adventure, and the refreshing energy of the sea.



## *Stand Up Paddleboard at the Beach*

Glide across the waves on a guided stand-up paddleboarding session. Perfect for beginners and enthusiasts alike, this energising activity enhances balance and core strength while immersing you in the beauty of the sea.

LOCATION:	Beach
DURATION:	60 minutes
TIME:	Everyday from 09:00
AGE POLICY:	Families

## *Aqua Fun – Kids*

A lively, supervised aquatic adventure designed for younger guests. Children jump, splash and play through fun water challenges that build confidence and coordination in a safe environment.

LOCATION:	Pool / Beach
DURATION:	60 minutes
TIME:	Everyday 10:00 & 14:00
AGE POLICY:	Families





## *Water Activities: Kids*

From mini races to playful floats, our rotating schedule of water-based games keeps young guests cool, active and entertained under the sun.

LOCATION: Pool / Beach  
DURATION: 45 to 60 minutes  
TIME: Every Day 11:30 & 15:30  
AGE POLICY: Families



*Create your memorable moments:*

